

Annual School Health Services SUMMARY REPORT 2013–2014

The Annual School Health Services Report (ASHSR) highlights the data submitted to the New Mexico Public Education Department by 84 of 89 (94 percent) school districts. This report provides a snapshot of the health care needs of the 322,716 New Mexico students and the health services provided by school nursing staff during the 2013–2014 school year. The New Mexico Department of Health and the New Mexico Public Education Department have worked collaboratively to create this summary report.



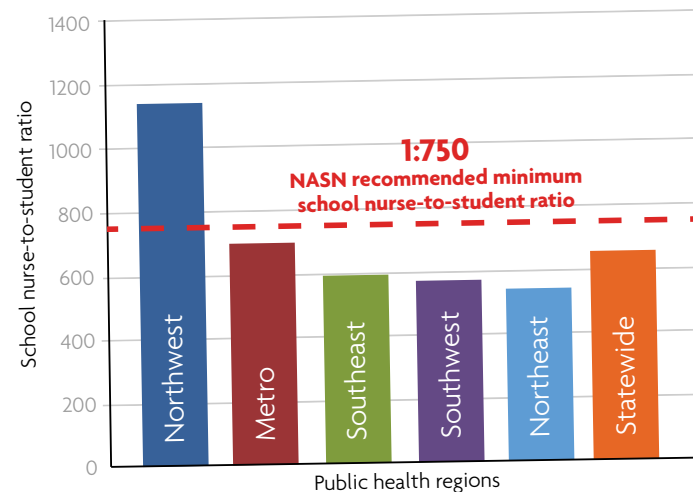
“Quite frankly I don’t see how a school can function without a school nurse. They really are one of the most cost-effective, unrecognized resources in our country. School nurses save, not cost, money.”

— Anne Sheetz, MPH, RN, NEA-BC,
Former State School Nurse Consultant of the Year

School Nurse Staffing in New Mexico

- 489 licensed registered school nurses, assisted by 27 licensed practical nurses and 463 health assistants, provided care for 322,716 students on 753 public school campuses.
- The minimum recommended nurse-to-student ratio of 1:750 applies to the general student population. **In the case of students who may require daily nursing services, this ratio is reduced to 1:225.** This recommended ratio continues to decrease as the complexity of student health care needs increases.
- As of the 2013–2014 school year, **18 (approximately 1 out of 5) districts reported having fewer than 1.0 full time school nurses.**

School Nurse-to-Student Ratio by
Department of Health Region



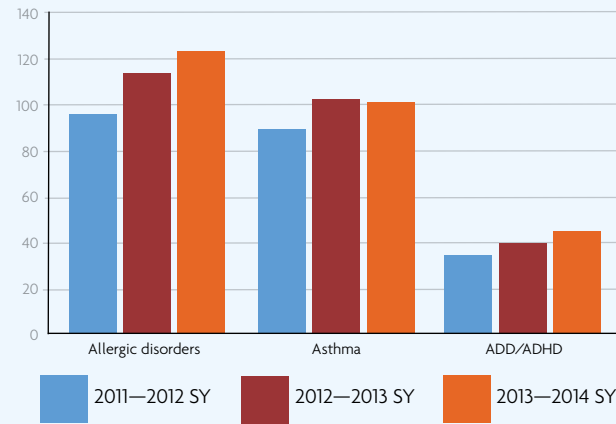
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Students with a Medical Diagnosis

- 42% of NM students had an identified medical diagnosis (n=141,250).
- Top three medical diagnoses were: allergic disorders (39,340), asthma (32,611), and ADD/ADHD (14,068).
- 5,289 students had a mental health diagnosis.
- 551 students had a pregnancy diagnosis.
- 1,236 students had a diabetes diagnosis (Type I=784, Type II=452).

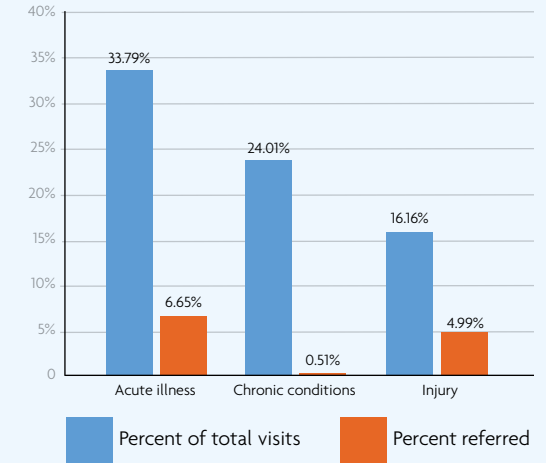
Top Three Diagnoses by School Year
(rate per 1000)



Student Visits to Health Office

- There were **2.1 million visits** to school health offices.
- Top three reasons for visits to health offices were: acute illness (34%), chronic conditions (24%), and injury (16%).
- 113,438 students seen in school health offices were referred to outside providers for follow up care.
- With their health needs addressed, **90% of students returned to class, ready to learn.**

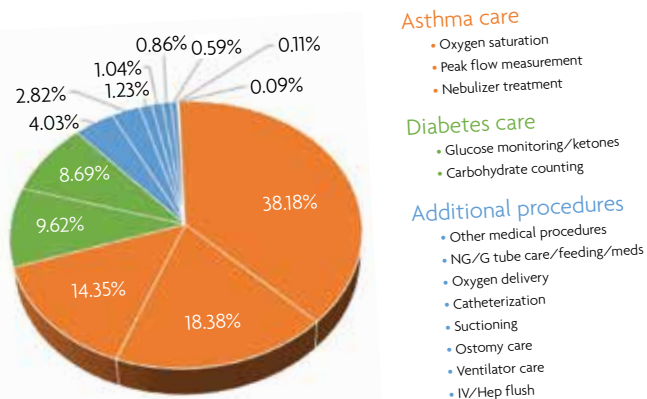
Top Three Visits to Health Office and Percent Referred for Further Evaluation
90% returned to class



Medically Complex Procedures

- 7,401 of 322,716 NM students required a medically complex procedure.
- Care for asthma (71%) and diabetes (18%) accounted for 89% of the medically complex procedures.

Students Requiring Medically Complex Procedures
n=7,401



Asthma care

- Oxygen saturation
- Peak flow measurement
- Nebulizer treatment

Diabetes care

- Glucose monitoring/ketones
- Carbohydrate counting

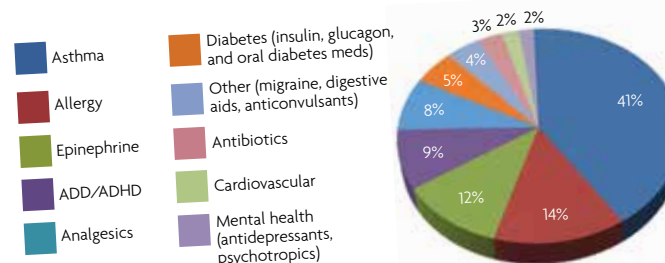
Additional procedures

- Other medical procedures
- NG/G tube care/feeding/meds
- Oxygen delivery
- Catheterization
- Suctioning
- Ostomy care
- Ventilator care
- IV/Hep flush

Prescription Medications

- 26,031 students had prescription medications available for administration at school.
- Top three prescription medications available were asthma medications (41%), allergy medications (14%), and epinephrine (12%).
- 1,521 emergency medications were administered at school.**

Prescription Medications Provided by Parents for Use
Total medications=26,031



Student Screenings and Assessments

- Student screenings and assessments facilitate the referral process for effectively treating barriers to learning.
- Students referred to outside providers for evaluation and treatment included 10% of the 131,865 students screened for vision, 2.5% of the 112,998 students screened for hearing, and 9.1% of the 22,071 students assessed for special education.

	Hearing	Vision	Special education
Total number of students screened	112,998	131,865	22,071
Percent of students referred to outside providers	2.5%	10%	9.1%