

Revised 2019

Will she learn to read? Will he be able to do math? How can I help my child be successful when they get to school?

New Mexico PreK teachers and administrators recognize that you are concerned about your child's future and only want the best for them. You want her to reach her full potential as a learner. You want him to do well in school and learn all that he can. We want that as well. We are all on the same team—**your child's team**. We are working together to ensure that each New Mexico child has full opportunities to grow and develop as successful students and citizens of our great state and the world.

The following set of activities are designed to help you to interact with your young child (from eighteen months to five years old) and help them grow into, and prepare to be, successful learners and students, ready for their next steps into the elementary grades. All of these activities can be done right in your home or as you go about your daily lives. You will not need to go to any special stores and buy materials. You will be able to use things that you have around the house. The universe is a young child's curriculum! And your home, your family life, your life in your church and community are your child's universe. You can expose your child to countless concepts and ideas and teach them vocabulary and skills, as you take care of the house, do yard work, prepare meals, and go on errands in the community. We hope that the activities we've outlined for you in this packet help you enjoy your child's curiosity and enthusiasm, as they develop their innate skills and knowledge.

You are enormously important in your children's learning, health, and wellness!
Thank you for all you do to support your children.



References:

PED. (2019). New Mexico Early Learning Guidelines.