

# FREE VAPE RESOURCES FOR ADULT & CLASSROOM EDUCATORS



## Free Lesson Plans with Presentation Materials

CATCH My Breath is an e-cigarette and JUUL prevention program that will provide your students with the skills to resist peer pressure and media influences to try e-cigarettes.

<https://www.catch.org/bundles/23725>



## Free Posters

Free printed items, including posters and flyers, to order and download.

[digitalmedia.hhs.gov/tobacco/print\\_materials/search?tag=E-cigarettes%2Fvaping](https://digitalmedia.hhs.gov/tobacco/print_materials/search?tag=E-cigarettes%2Fvaping)



## VAPE Documentary with Discussion Guide

Use this video and viewer guide to facilitate a discussion with, parents, or educators about the health issues associated with the use of e-cigarettes.

[nmvape.info](http://nmvape.info)



## Free Presentation Kit with User's Guide

Use this presentation to educate youth on e-cigarettes. Presentation includes PowerPoint, talking points and a user's guide.

[cdc.gov/tobacco/basic\\_information/e-cigarettes/youth-guide-to-e-cigarettes-presentation.html](https://cdc.gov/tobacco/basic_information/e-cigarettes/youth-guide-to-e-cigarettes-presentation.html)



## Know the Risks Website

Get facts and resources on e-cigarette use among youth and young adults at this comprehensive website developed by the Surgeon General.

[e-cigarettes.surgeongeneral.gov/](https://e-cigarettes.surgeongeneral.gov/)



## THIS IS QUITTING

This is Quitting is a free mobile program designed to help young people quit vaping.

[truthinitiative.org/thisisquitting](https://truthinitiative.org/thisisquitting)