

# School Scenarios

## Thrive Elementary

- Urban, 50% free and reduced lunch, high Asian population. Limited parental involvement
- Young energetic physical education teacher.
- Recess offered 4 times per week for an average of 20 minutes per day. Adequate space. Limited equipment and one supervisor at a time.
- Teachers are quick to reference common perceptions of barriers. The school has been highlighted in the newspaper lately for its declining test scores.
- An outside agency runs the afterschool program which is essentially day care. Youth sports are prominent and very popular; however they struggle to get coaches and volunteers.
- Limited parental involvement. Limited community events. One local insurance agency sends volunteers to mentor students.

## Inspire Me Charter School

- Suburban, 25% free and reduced lunch. Diverse population. Highly involved PTA
- The physical educators says she is interested and leaves every day at 3 pm to coach.
- Great space for recess with limited equipment. Students get recess 2 times per day for 15 minutes each time. Teachers supervise recess.
- School has had three principals in two years and several popular younger teachers have been pink slipped in that time. Morale is low.
- Several outside companies come into the school to provide afterschool programming such as marital arts, soccer, and dance. Youth sports are popular with many students playing on travel teams.

## Namaste Charter School

- Rural, 95% free and reduced lunch. Majority white with high ESL population. Limited parent involvement.
- The physical education teacher is in his first year.
- Recess two times/day for 15 minutes each. Ample space and equipment. Teachers take away recess as punishment. Two supervisors monitor recess at a time.
- Approximately 85% of teachers report integrating physical activity in their classes. They quickly explain why they do this.
- The school runs the afterschool program and is currently looking to hire a new supervisor. There are limited youth sports opportunities in the area.
- Highly involved PTA. Extensive community events. Limited community engagement.
- Limited parental involvement. Extensive community events. One local temple provides volunteers for a backpack program.

## Movement Elementary School

- Inner city. 90% free and reduced lunch. Majority minority population. High parental involvement
- The physical educator is a cynical, middle-aged man who says “we’ve done this for years”.
- Limited space for recess. Lots of equipment but it doesn’t get used. One teacher at a time monitors recess which is offered one time per day for 15 minutes.
- Most of the teachers have been teaching for 10+ years and have never been exposed to physical activity integration. One younger teacher talks to you privately and is very excited about this idea (she learned about it during student teaching) but is hesitant to say anything.
- No afterschool programs are provided. Traditional youth sports leagues are available.
- High parental involvement. Sporadic community events. Ample volunteers.