

School Health & Safety Newsletter

Spring Semester February 2020



Public Education Department

The spring semester is here! The Public Education Department's (PED) Safe and Healthy Schools Bureau (SHSB) would like to provide you some information intended to help you keep your school/district safe and healthy in 2020.

Safe Schools

The New Mexico All Source Intelligence Center (NMASIC) has established the School Security Information Network (SSIN) to promote collaborative communication and information sharing. The School Safety Newsletter will provide situational awareness on topics that could affect safety at New Mexico schools and campuses. It is also our goal to provide information about the best approaches to securing our schools.

Those wishing to join the SSIN and receive this School Safety Newsletter can opt-in by sending your name, title, organization, and phone number to SchoolSafety.Fusion@state.nm.us. Administrators, or those in charge of making safety decisions, as well as those involved in school and campus safety, are encouraged to join. This newsletter will be most successful if recipients respond and share their input.

SSIN members will receive planning and other informative documents and can report threat information or suspicious activity involving schools.

Safe Schools for All Students Act

The [Safe Schools for All Students Act](#), passed during the 2019 New Mexico Legislature, repealed and replaced § 22-2-21 NMSA 1978 and created § 22-35 NMSA. New Mexico Administrative Code (NMAC) 6.12.7 was amended in response to this new law. By January 1, 2020 each school board or governing body shall adopt bullying prevention policies that reflect these changes. The [Safe Schools for All Students Policy Framework](#) has been created to assist in that process.

Safe Schools Training Calendar

February	Training/Course Title	Location	Time	Link To Register
February 27, 2020	QPR	7505 Kathryn SE Albuquerque, NM (Cesar Chavez Multipurpose Rm)	9:00 AM-10:30 AM Session1 11:00 AM-12:30 PM Session2	QPR Training
March	Training/Course Title	Location	Time	Link To Register
March 3-5, 2020	2020 NM Partners in Preparedness Conference	Isleta, NM	8:00 AM- 5:00 AM	2020 Partners in Preparedness Conference
March 18, 2020	QPR	7900 Marquette NE Albuquerque, NM (Mesa Verde Conf. Rm B/C)	9:00 AM-10:30 AM Session1 11:00 AM-12:30 PM Session2	QPR Training
April	Training/Course Title	Location	Time	Link To Register
April 8-9 April 13 2020	Crisis Intervention and Behavior Threat Assessment Team Trainings QPR	Santa Fe -TBD 5500 Glenrio NW Albuquerque, NM (West Mesa CC Room)	8:15 AM-4:15PM 1:00 PM-2:30 PM Session1 3:00 PM-4:30 PM Session2	TBD QPR Training
May	Training/Course Title	Location	Time	Link To Register
May 26, 2020	QPR	John Marshall Health and Social Services Center 1500 Walter St Se Albuquerque, NM (Rm 148)	9:00 AM-10:30 AM Session1 11:00 AM-12:30 PM Session2	QPR Training

Health and Wellness

Wellness Policies

After the first three year cycle, we are proud to note that most districts, charter schools, BIE's, and private schools have wellness policies that meet requirements. Now it is time to research best practices not only for implementation but to think outside the box in using wellness initiatives to address other issues. Consider using local health data like YRRS, obesity, county data to target goals for health initiatives. Use those health initiatives in conjunction with attendance data. The new Attendance for Success Act requires that every district study attendance data and form a plan for improvement. If during that site data study, a school should see that kindergarten students are most frequently absent on Mondays, then you may wish to consider scheduling PE or work in the school based garden on that day.



Time to Eat

Every semester, the New Mexico Public Education Department (NMPED) receives concerns from both parents and middle and high school students regarding not having enough time to eat lunch. The [American Academy of Pediatrics](#) and [Centers for Disease Control and Prevention](#) recommend that students have at least 20 minutes to eat once they have been seated. This does not include time to prepare for lunch, pay for lunch, wait in line or walk to the table. The benefits of providing more time to eat lunch include increased consumption of food and key nutrients, increased selection of fruit, increased consumption of fruits and vegetables, lunch entrée and milk, and decreased plate waste. Students who are well fed, improve academically. These best practices can be met with some thoughtful backwards planning for the lunch period.

Health Education Standards Supplemental Guide

This Resource Guide is intended to provide health education teachers and other health advocates with national, state, and local resources that may enhance their delivery of health education lessons aligned to the New Mexico Health Education Content Standards with Benchmarks and Performance Standards. https://webnew.ped.state.nm.us/wp-content/uploads/2020/01/SHSB_Health-Standards-Supplemental-Guide-Document_FINAL_1.3.20.pdf

Active Schools

Join the movement to increase physical education and physical activity in our nation's schools. [Active Schools](#) houses resources for teachers, parents and administrators. Check out the toolkit and Social Media Guidelines and Samples.

E-Cigarette Visual Dictionary

The Office of Smoking and Health (OSH) has published a new resource. The devices and brands presented in this pamphlet are intended to highlight the different e-cigarette, or vaping, product generations and substances used in these devices. Understanding this information will assist schools, districts and communities identify these devices and also illustrate challenges communities face when developing policy language to address the use of these products. https://www.cdc.gov/tobacco/basic_information/e-cigarettes/pdfs/ecigarette-or-vaping-products-visual-dictionary-508.pdf.

School Health Education Institute

The November School Health Education Institute (SHEI) was a huge success. The conference was able to reach about 250 school teachers, administrators, counselors, nurses and social workers from around the state. The

focus of Social and Emotional Learning was valuable and timely for everyone. You may access the resources from the conference here: <https://webnew.ped.state.nm.us/bureaus/safe-healthy-schools/news-events/>



The 2018-19 Annual School Health Services Summary Report

The report is now available on the New Mexico Public Education Department (NMPED), School Health Resources webpage. Please visit

(<https://webnew.ped.state.nm.us/bureaus/safe-healthy-schools/school-health-resources/>) to view all current and past brochures. This report provides a snapshot of the healthcare needs of New Mexico students and the health services provided by school nursing staff each year. It is a collaborative effort between the NMPED and the New Mexico Department of Health. We would like to thank the school health personnel responsible for collecting and submitting the valuable data utilized to develop this report. Your time and effort is very much appreciated. Please continue keeping our NM students safe and healthy!

The Safe and Healthy School Bureau Welcomes a Behavioral Health Coordinator

The Governor created a new position for a Behavioral Health Coordinator in the NMPED which was filled January 1, 2020 by Leslie Kelly. Prior to this position, Leslie

worked in the Charter Schools division managing a large federal charter school program grant. She comes to this position with decades of experience as a teacher, counselor, therapist, manager, and director of counseling for the Albuquerque Public Schools. Leslie brings a wealth of knowledge and understands the current issues and challenges our student's, families and schools face.

Although there are many areas and needs that fall under her purview, the focus of her work will be supporting Social Emotional Learning (SEL) for all districts and schools, as well as assisting in creating a safe and healthy environments for student learning and staff. Leslie will also provide support to School Based Health Center's (SBHC) behavioral health programs as well as district and school anti-bullying efforts. Leslie is excited to be a resource for our state and looks forward to meeting as many school folks as possible. Do not hesitate to reach out to her with any questions. Leslie.Kelly@state.nm.us 505-827-1464

Student Support and Academic Enrichment (Title IV)

SSAE carryover funds from the 18/19 school year are coming – get ready to spend! The Student Support and Academic Enrichment Grant (SSAE) is fund 24189 and is a formula award to districts and state charters based on prior year Title I awards. Many subgrantees did not spend all of their 18-19 SSAE funds and will soon receive budget authority to spend carryover funds. 100% of SSAE funds may be carried over from year to year, with a total of 27 months to obligate. Start making plans now for how to effectively spend 24189 carryover funds. Carryover funds may be used for expenditures that take place before carryover letters are issued.

For current year awards, many districts and state charters are also behind in their spending. Less than 30% of the amount awarded to districts and state charters for the 19-20 school year has been requested for reimbursement through the end of January.

Funds may be used to support well-rounded education, safe and healthy students and the effective use of technology. If the current application no longer supports the needs of a district or state charter, the applications can be amended.

For more information about carryover or the allowable uses of funds, please contact Greg Frostad at 505.827.1475 or gregory.frostad2@state.nm.us.



Make sure you are counted!

Did you know the Census count serves as the basis for distribution of federal funding to school programs such as the National School Lunch Program, Special Education grants and much more? To learn more about how schools can support a complete count, please visit

<https://www2.census.gov/about/partners/general/fact-sheet-schools.pdf?#>

Up-Coming Events

Expectant and Parenting Teens/GRADS 4th Annual Town Hall

April 7, 2020 at the CNM Workforce Training Center.

Head to Toe

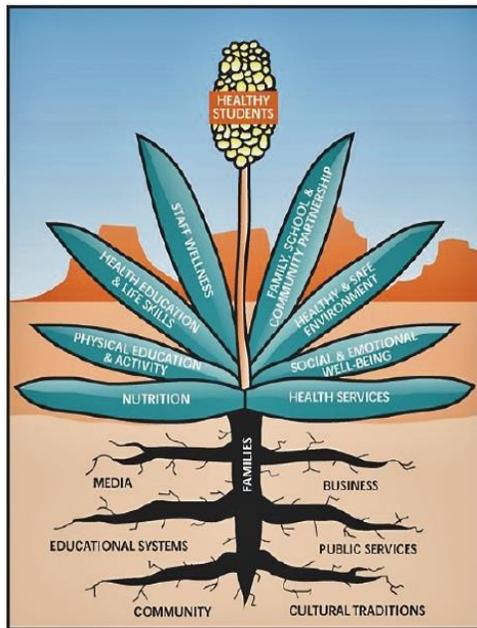
Mark Your Calendar: April 15 & 16, 2020 (Preconference, April 14) New Mexico's go-to conference for people working to improve student health and academic success is back for its 24th year. Register here: <https://attendhead2toe.com/>

10th National Farm to Cafeteria Conference

Bringing healthy, locally sourced food to every cafeteria April 21-23, 2020 | Albuquerque, New Mexico. Register here: <https://web.cvent.com/event/a209e5c6-40d9-463d-8bfe-88ed4d280ccd/summary>

HEALTHIER SCHOOLS - NEW MEXICO

A Model of Coordinated School Health



Final Thoughts

Safe and healthy schools contribute to the academic achievement of our students. One goal of the SHSB is that our schools provide positive and caring places for students, teachers and staff to learn, achieve and succeed. Please let us know how we can support your school/district to achieve a safer and healthier environment.

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