**TRAINING RESOURCES AVAILABLE for schools:**

Diabetes management training for school personnel is essential to ensure effective school-based diabetes management. The National Diabetes Education Program has developed a comprehensive online resource [“Helping the Student with Diabetes Succeed: A Guide for School Personnel”](https://www.niddk.nih.gov/health-information/communication-programs/ndep/health-professionals/helping-student-diabetes-succeed-guide-school-personnel?dkrd=hispt1099) that provides in depth guidance for schools in the care and management of students with diabetes.

**Training Resources for Schools with a School Nurse**

Three levels of training are available for staff; their responsibility for students with diabetes determines which level of training(s) they should take.

The school nurse can utilize the following resources to train school staff.

Level 1:  All school personnel should receive training that provides a basic understanding of diabetes, how to recognize and respond to the signs and symptoms of low blood glucose (hypoglycemia) and high blood glucose (hyperglycemia), and whom to contact immediately in case of an emergency. Click below to access Level 1 PowerPoint created by New Mexico Department of Health, Office of School and Adolescent Health, and Diabetes Prevention and Control Program:



Level 2:  Classroom teachers and all school personnel, including bus drivers, who have responsibility for students with diabetes should receive Level 1 training ***plus*** additional training to carry out their individual roles and responsibilities and to know what to do in case of a diabetes emergency. Click below to access Level 2 PowerPoint created by New Mexico Department of Health, Office of School and Adolescent Health, and Diabetes Prevention and Control Program:



Level 3: Diabetes Care Personnel are required to meet NMAC 6.12.11.1 training requirement. Training content at a minimum, shall include:

1) identification and treatment of hyperglycemia and hypoglycemia;

2) appropriate actions to take when blood glucose levels are outside the target ranges indicated by a student’s diabetes medical management plan;

3) understanding interpretation of health care practitioner instructions regarding diabetes medication drug dosage, frequency, and manner of administration;

4) performance of finger stick blood glucose testing and ketone testing and recording of results; 5) administration of glucagon and insulin and recording of results;

6) administration of glucagon and insulin through the insulin delivery system;

7) recognizing diabetes-related complications that require emergency assistance; and

8) recommended schedules for food intake, the effect of physical activity upon blood glucose levels, and appropriate actions to be implemented in the case of a schedule disruption.

The American Diabetes Association has developed an 18-module training curriculum “Diabetes Care Tasks at School” that supports these requirements. School nurses can utilize this resource to provide the Level 3 training for Diabetes Care Personnel. [Click here to access the modules](https://www.diabetes.org/resources/know-your-rights/safe-at-school-state-laws/training-resources-school-staff/diabetes-care-tasks-school).

School nurses can also utilize the following skills training checklist below when training unlicensed diabetes care personnel:

**Blood Glucose/Blood Ketone Skills Checklist**



**Glucagon Skills Checklist**  


**Insulin Pen Skills Checklist**



**Insulin Syringe Skills Checklist**



[**Link to Pump Training Skills Checklist**](https://dev.diabetes.org/sites/default/files/2019-06/school-nurse-pump-training.pdf)

**Additional Resources for School Nurses:**

<https://www.nasn.org/nasn-resources/practice-topics/diabetes>

[https://www.pathlms.com/nasn/courses?category\_ids[]=686&search=diabetes](https://www.pathlms.com/nasn/courses?category_ids%5b%5d=686&search=diabetes)

**Training Resources for Schools without a School Nurse**

Schools without a school nurse will need to find a “licensed health care practitioner with expertise in diabetes” to provide the annual training program per NMAC 6.12.11.8 (E.). The health care practitioner may utilize the training materials listed above to conduct the training. Schools are encouraged to reach out to their local community to see what resources may be available. Suggestions would include local hospitals, pediatrician offices, endocrinologist offices, and Indian Health Services.

**Additional resources are listed below:**

* The American Diabetes Association (ADA) [www.diabetes.org](http://www.diabetes.org)
* Laura Keller, Director of State Government Affairs and Advocacy with The American Diabetes Association. Phone 800-674-4065 ext. 7207 or lkeller@diabetes.org
* The Juvenile Diabetes Research Foundation (JDRF) [www.JDRF.org](http://www.jdrf.org/)
* American Association of Diabetes Educators [www.aadenet.org](http://www.aadenet.org)
* Managed Care Organizations (MCO): Blue Cross Blue Shield, Presbyterian, and Western Sky Community Care.

For questions or further technical assistance, you may contact the New Mexico Public Education Department (NMPED) or your regional School Health Advocate (SHA).

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