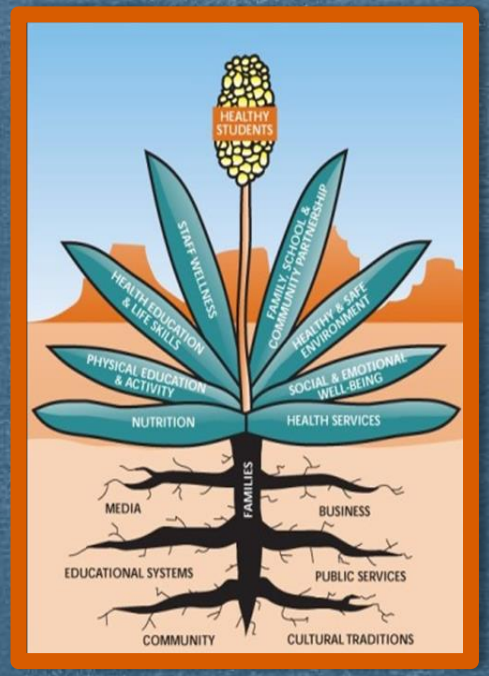


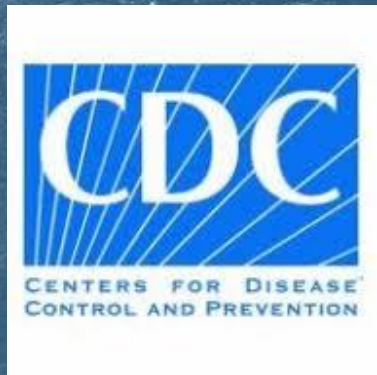
New Mexico's Healthy Schools Project

Rapid Fire Webinar #2 International Walk & Roll To School Day

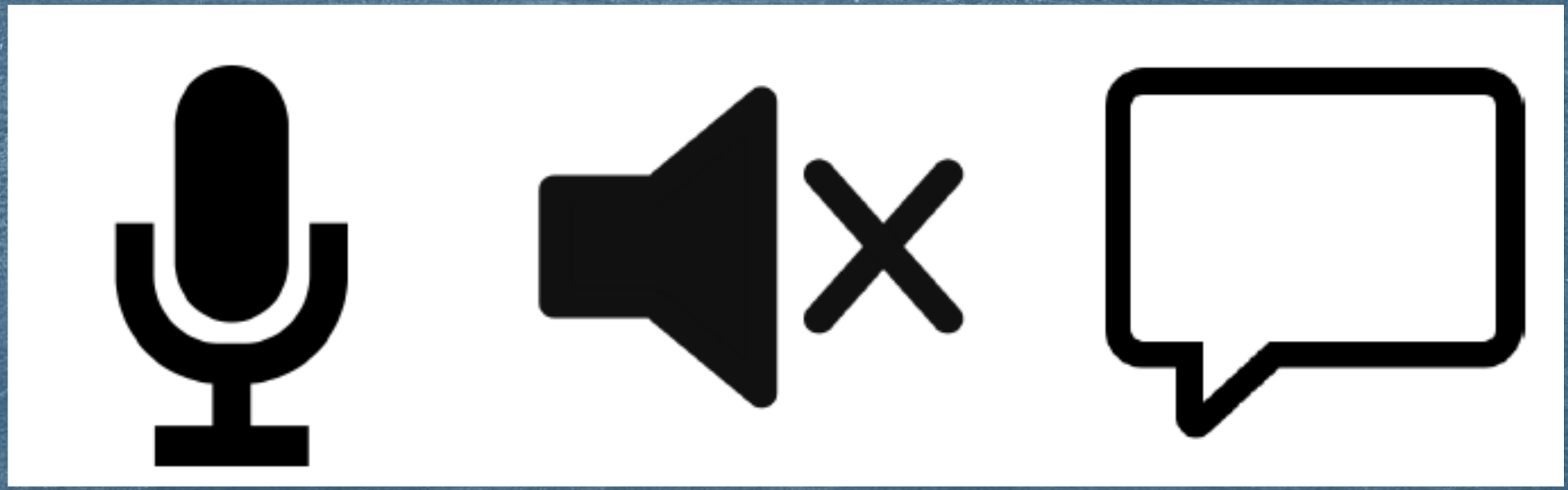
September 11, 2019

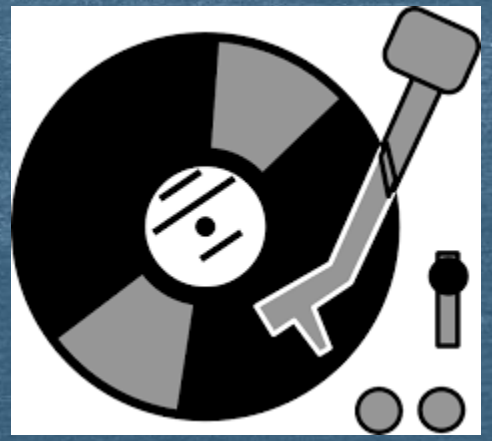
Acknowledgement

This presentation was made possible by the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion, Division of Population Health, School Health Branch.
The contents do not necessarily represent the official views of the Centers for Disease Control and Prevention.



Logistics





Objectives

- Welcome
- Quick update on critical timelines and activities for Year 2
- Information about the International Walk & Roll to School Day and Bike to School Day

What does the Grant do?

Healthy Schools Grant provides NM an opportunity to build & enhance infrastructure & capacity within our state to strengthen:

- ***Nutrition**
- ***Health Education**
- ***Management of chronic disease in schools**
- ***Physical Activity**
- ***Physical Education**

As a pathway to academic success.

Key Activities - Year Two

Local Needs...

Farm to Cafeteria Conference

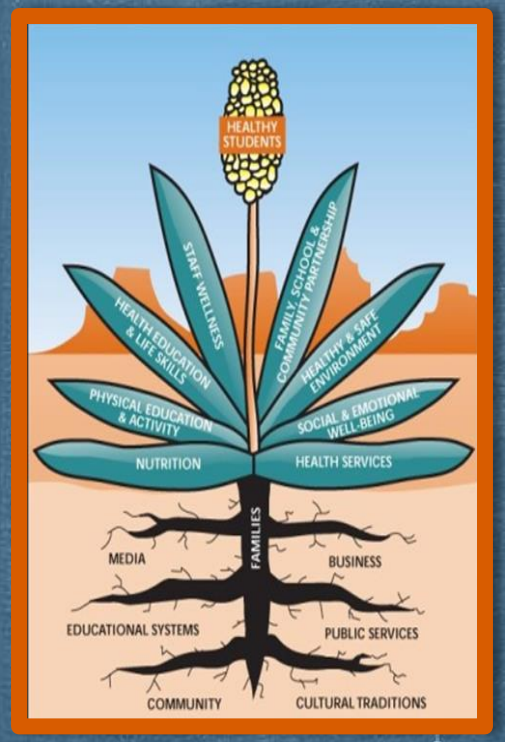
Head 2 Toe

Wellness Policy Regional Trainings

Site/SHAC Visits

Staff Wellness

Mini Rapid Fire Webinars 2nd Wed @ 1:30 pm



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HEALTHY KIDS
CHAVES COUNTY
Building a Fit Future

Celebrating Walk to School Day

Getting kids active before and/or after school

Not secure | walkbiketoschool.org

Apps DOH CHILEnet Santa Fe, NM (8750...

WALK & BIKE TO SCHOOL

PLAN
an event

SEE
who's signed up

BEYOND
the event

LEARN
REGISTER
sign up today!

Register Now for Walk to School Day 2019

Step right up for National Walk to School Day – October 2, 2019! Registration is now open. Join the movement that inspires the entire community to come together and promote health and safer routes for students to walk and bike to school. While October 2 is our official focus day in 2019, communities are welcome to celebrate any day in October that best fits their schedules.

Across the U.S. communities celebrated Walk to School Day in 2018. Parents, school and local officials, and public health and transportation representatives joined together to make it the largest Walk to School Day event in its 22-year history.

NEW THIS YEAR

Find out how your event can be a powerful catalyst for improving safety for people walking and bicycling throughout your community Check out a new webinar series designed for Walk to School Day event organizers.

Mark your calendars – the next webinar is September 10: **Slowing Down Traffic Near Your School** and the

GETTING STARTED

ORGANIZING THE EVENT

Determine date, time, & meeting place

Recruit photographer(s)

Alert local police department

Contact media

Walk and Roll To School

Del Norte Elementary School

October 7, 2015

Meeting Place: Garden Street and La Paloma Drive (Old Fire Station)

7:45

HEALTHY KIDS
CHAVES COUNTY
Building a Fit Future

WALK TO SCHOOL DAY

Month Day, Year

Your School Name Here
is participating in Walk to School Day on

Day, Month Date, Year

Join children and adults around the world to celebrate the benefits of walking and bicycling.

About our event:

Learn more at
walkbiketoschool.org

Walk to School Day is coordinated in the U.S.A. by the National Center for Safe Routes to School.

SafeRoutes INFO

Del Norte Elementary

PECOS ELEMENTARY

Washington Avenue Elementary

Xcel Energy®

Nancy Lopez Elementary

Resources

Walk & Roll to School

- http://www.walkbiketoschool.org/
- https://www.saferoutespartnership.org/
- http://www.saferoutesinfo.org/
- https://www.cdc.gov/policy/hst/hi5/saferoutes/index.html

Healthy & Active Fundraisers

- www.events.com
- www.thegetmovincrew.com
- http://www.actionforhealthykids.org/storage/documents/pdfs/tipsheets-may-2018/fundraisers-family-health-8-6-17.pdf
- Color Run Fundraisers:
  - https://www.getactivefundraising.com/ - https://myfunrun.com/school-color-run - https://schoolathon.org/about/
- Walk-A-Thons & Other Fun Runs:
  - https://blog.fundly.com/walkathons/
  - https://www.ptotoday.com/fun-run-guide
  - https://www.getmovinfundraising.com/
  - https://www.greeleyschools.org/cms/lib/CO01001723/Centricity/Domain/3682/Healthy%20Kids%20Club%20Fundraising%20packet.pdf

- Questions & Chat
- 1-Pager
- Recording coming soon

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NM PED