



Non-District School Wellness Policy Review Rubric

SCHOOL/DISTRICT INFORMATION	
School district:	
Superintendent/Charter School Director:	
Designated contact:	
Contact phone #:	
Contact email:	
Review date:	

OVERALL APPROVAL					
SECTION	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
SECTION I: Wellness Policy					Please see each section to determine action steps to meet the needs of a policy that meets minimum requirements.
SECTION II: Nutrition					
SECTION III: Quality Physical Activity					

SECTION I: WELLNESS POLICY

SECTION	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
Wellness Policy completed following Federal 7 C.F.R pts 210 & 220 and PED NMAC 6.12.6.8					
District School Health Advisory Council (SHAC) established					
Designate at least one person for the district to ensure wellness policy compliance and implementation					
SHAC meets at least twice a school year					
School Wellness Policy available to the public					
A plan in place for measuring implementation and evaluation of the wellness policy					

SECTION III: PHYSICAL ACTIVITY

State and Federal Requirements	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
Guidelines created to provide physical activity opportunities before, during and after school (6.12.6.8.D.3 NMAC)					
Physical activity is included as a health education topic (6.29.9 NMAC)					
Specific goals for physical activity that promote student wellness and consider evidence-based strategies in determining these goals.					

SECTION II: NUTRITION

District Wellness Policy meets requirements of section 204 of Healthy, Hunger-Free Kids Act of 2010, Public law 111-296

State and Federal Requirements	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
District schools meet or exceed local, state and federal nutrition requirements and/or USDA nutrition standards. If applicable, this includes At-Risk Afterschool Meals, Afterschool Snack Programs, Fresh Fruit and Vegetable Program and/or Summer Food Service Program					
Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.6.12.5.8 NMAC Competitive Foods Standards (Smart Snacks)					
Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives)					
Create procedures for the documentation of fundraisers that do not meet the competitive food standards that must be limited to no more than two occasions per semester or trimester term per school and may not be conducted during meal service or in the food service area (6.12.5.8 NMAC)					
Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards					
Specific goals for nutrition promotion and education that promote student wellness and consider evidence-based strategies in determining these goals					
All schools will provide nutrition education activities that align with the New Mexico Health Education Content Standards with Benchmarks and Performance Standards as set forth in 6.29.6 NMAC					
Free drinking water is available to students in the place where meals are served during meal service					
Assurance of adherence to requirements re. possible food allergies in schools					

