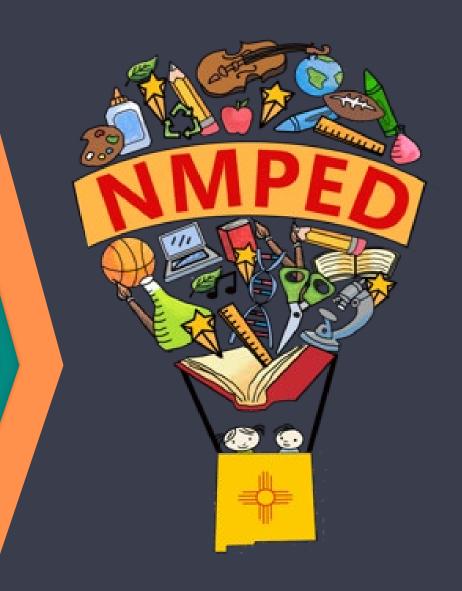
Mental Health and Safe School Plan Support and Resources

**PEC Presentation** 

October 20, 2022



Investing for tomorrow, delivering today.

Leslie Kelly, MA
Behavioral Health Coordinator
Safe and Healthy Schools Bureau

School Behavioral Health Supports

### Behavioral Health Initiatives:

 <u>Social, Emotional Learning and Safety (SEALS)</u> - proving schools professional development, mini grants, on going support and training, and an on-line portal – 7 Mindsets <u>www.nmselportal.org</u>

 HM 43 – advocating for piloting 10 Student Health & Wellness rooms in the state for secondary students



- <u>PED School Behavioral Health Counselor License</u> PED has created a license for a school behavioral health counselor different that a school counselor in that they have clinical training and can perform their job duties under that scope of work. Support the reversal of the Free Care Act Medicaid in the Schools.
- <u>UNM Project ECHO for SEL</u> Year 3 of providing professional development for school personnel regarding SEALS. This years curriculum is centered around SEL and Educator Resiliency.

### PREPaRE:

#### to train school employees in participating on a school crisis response team

- P Prevent and prepare for crisis
- R Reaffirm physical health & welfare, and perceptions of safety & security
- E- Evaluate psychological trauma risk
- **P- Provide** interventions
- a- and
- R- Respond to mental health needs
- E- Examine the effectiveness of crisis preparedness

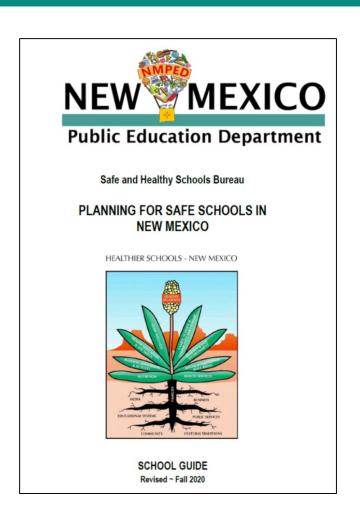


# Safe School Plan Resources Related to Bullying, Suicide Prevention, and School Violence

Kathryn Bolkovac

Safe Schools State
Coordinator

Safe and Healthy Schools
Bureau



# Safe School Plan (SSP)

### **Since 2008**

- \* NM PED requires all schools to have an SSP as part of the School Wellness Policy, NMAC 6.12.6
  - \* Aka: Emergency Operations Plan (EOP) with an All Hazards and Whole Community Approach

This includes responses to Adversarial, Incidental and Human-caused Threats



#### Safe Schools Plan (SSP) Rubric 2020-2021

School Name:		
School District:		
Principal:		
Alternate Contact:		
Contact E-mail(s):		
NMPED Review Date:		
Revisions Due to NMPED:		
Approved by NMPED:		
SECTION	Approved	Not Approved
Section I: Introduction		
Section II: Prevention		
Section III: Protection		
Section IV: Mitigation		
Section V: Response		
Section VI: Recovery		

All items marked with an asterisk (\*) must be "met" before the SSP can be approved by the NM PED.

Section I: INTRODUCTION	Met	Not Met	N/A	Comments/Recommendations
1.10 School Safety Committee				
* Provided School Safety Committee Roster, committee includes at				
least one special education expert (see Appx. B for roster template), listing all names and titles.				
1.11 Maps				
* Campus map (aerial view)				
* Floor plan of all buildings on campus  -Indicated utility cut-off diagram for water, gas, and electrical systems				
1.12 Assurances			1	
Assurances submitted via the 5HSB secure on-line FTP platform with the SSP				
ADA and LEP				
* Bullying Prevention				
* Discipline Policy				
* Emergency Drills				
* Identification and Badging				
* Integrated Pest Management				
* Review, Revise and Share the Plan (Identified Agencies, Names, Titles)				
Section II: PREVENTION	Met	Not Met	N/A	Comments/Recommendations
2.1 Health Services				
Provided information on local school-based health centers for students or community health centers to students and/or parents/quardians				
2.2 Infectious and Communicable Disease				
Provided site-specific infectious and communicable disease preparedness and response plan, including persons responsible(see Appendix C and D for DOH guidance)				
Provided written resources/lips for students and parents/guardians on pandemic influenza/ other viruses, and described how information is disseminated.				

### Rubric and New Template Developed

Section I: Introduction

Section II: Prevention

Section III: Protection

Section IV: Mitigation

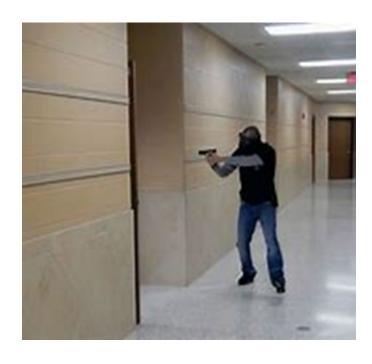
Section V: Response

Section VI: Recovery

### Safe School Plan (SSP)-Adversarial –Human Caused

- **❖** Active Shooter
- Criminal Threats
- Physical Assault
- Fight
- ❖ Sexual Assault
- Arson
- Bomb/Bomb Threat
- Domestic Spillover
- Bullying
- Suicide





\*Man-made hazards are of greater concern to schools as they can greatly affect students and staff, causing injury or loss of life.

It's critical to use data to inform your priority planning and areas most impacted.

# First Steps at Local Levels

## School Safety Committee

(Appendix B Template)

An essential component of a Safe Schools Plan is creating a School Safety Team to manage the hazards imposed on your campus.

#### IMMEDIATE RESPONDERS

- Principal/Building Administrators
- Teachers/Instructional Staff
- **❖** Special Education Expert-required
- Instructional Assistance/Paraprofessionals
- Counselors
- School Nurse
- Custodians/Maintenance Personnel
- Campus Security
- School Secretaries/Office Staff
- Food Services/Cafeteria Staff
- Bus Drivers
- Students

#### FIRST RESPONDERS

- District Personnel
- Local Emergency Manager(s)
- First Responders
  - Law Enforcement
  - Fire Department
  - **❖** EMTs
  - Others

\* Do not work in silos!

### Behavioral Threat Assessments and Training

The central question in a school threat assessment inquiry is whether the student *poses* a threat, not whether the student *made* a threat.

- Identify Team-Appendix B Template/Narrative
  - Discuss Protocol
- Do you have a reporting tool or a process in which students/staff can anonymously report?
  - Say Something Anonymous Reporting System-Sandy Hook Promise
    - STOP IT
    - Attend Training

Training: USDOE REM TA Center

# Culture and Climate Assessment

## A Culture and Climate Assessment will:

- Provide knowledge of student, and staff perception of their safety;
- Provide knowledge of student, staff, parent connectedness to school; and
- Provide knowledge of problem behaviors and concerns that need to be addressed to improve school climate.

The Safe Schools Committee should utilize the results to inform the Safe Schools Plan and prioritize safety initiatives.

Always communicate to your school community your diligent efforts to ensure all students and staff are safe at school. Be sure to collaborate with community leaders and stakeholders.

<u>Safe Schools Plan-</u> Provide a summary of results and discuss how assessment informed your Safe Schools Plan.

# **RAVE Panic Button**

- Funded by a legislative appropriation and was approved by the Governor
  - No cost to Districts/State Charters
- Information and Training forthcoming-Superintendents and Charter School Leaders will receive a follow-up emails related to both SSP and RAVE



# Thank you!

Comments.....Questions??

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