

2023 Instructional Material Summer Review Institute

**Review Team Appraisal of Title
Grades K-12 Physical Education (PE)**

This appraisal form is provided for use by educators responsible for the selection of instructional materials for implementation with districts and charter schools across New Mexico to meet the need of their student populations.

[NMPED Adoption Information](#)

Text Title	QuaverHealth•PE (Part II: Physical Education)	Publisher	QuaverEd, Inc.
SE ISBN		TE ISBN	9781642852080
SW ISBN		Grade Level/Content	Kindergarten - 5th

Core Instructional Material Designation (Core instructional material (CIM) is the comprehensive print and/or digital educational material, including basal material, which constitutes the necessary instructional components of a full academic course of study in those subjects for which the department has adopted content standards and benchmarks.)

Recommended
(90% and above)

Recommended with Reservations (80-89%)

Not Recommended and Not Adopted
(below 80%)

Total Score - The final score for the materials is averaged between the team of reviewers.

Average Score

91%

Cultural and Linguistic Relevance Recognition - Materials are reviewed for relevant criteria pertaining to the support for teachers and students in the material regarding cultural relevance and the inclusion of a culturally responsive lens. Those materials receiving a score of 85% or above on the CLR portion of the review are recognized as culturally and linguistically relevant.

CLR Recognized

Average Score

88%

FOCUS AREA 3 CULTURAL AND LINGUISTIC PERSPECTIVES AND RESPONSIVENESS:

Instructional materials represent a variety of cultural and linguistic perspectives and highlight diversity in culture and language through multiple perspectives.

Statements of appraisal and supporting evidence:

The materials provide interactive slideshows and videos that show students from diverse backgrounds. Lessons addressing cultural diversity, similarities and differences amongst peers, and how to treat others with respect are included. The values of inclusivity and individuality making the whole group stronger are addressed through the concepts of winning with grace and losing with dignity, celebrating personal growth while also celebrating the growth of others, and how to both provide and receive corrective feedback.

PE Standards Review - Materials are reviewed for alignment with the state adopted content standards, benchmarks and performance standards.

Average Score

91%

OVERALL ALIGNMENT

Materials align with the grades K-5 PE standards overall.

Statements of appraisal and supporting evidence:

The QuaverEd materials align with the K-5 PE standards overall as seen in the numerous units, lessons, activities, and formative and summative assessments. The developmentally appropriate experiences encourage student growth and development. The materials directly align with the four physical education domains of learning--cognitive, social, affective, and psychomotor.

CONTENT STANDARD 1

Materials align across grades K-5 with student demonstration of competency in many movement forms and proficiency in a few movement forms.

Statements of appraisal and supporting evidence:

The QuaverEd materials align across grades K-5 with student demonstration of competency in many movement forms and proficiency in a few other movement forms as seen in the separate eleven units provided for each grade level. Each unit is organized into three lessons and include both formative and summative assessments. The materials also provide additional resources and a resource manager screen that can be used to provide more challenging builds or additional learning experiences for each lesson/unit.

CONTENT STANDARD 2

Materials align across grades K-5 with student application of movement concepts and principles to the learning and development of motor skills.

Statements of appraisal and supporting evidence:

The QuaverEd materials appropriately align with K-5 student application of movement concepts and principles to the learning of specific skills. Demonstration videos include visual, audio, vocabulary, and instructional cues to guide student learning. The students then apply this learning to an activity or game that provides opportunities to improve the development of motor skills. The lessons in each unit scaffold student learning and provide gradually more challenging activities to enhance skill development.

CONTENT STANDARD 3

Materials align across grades K-5 with student exhibition of the knowledge and ability to participate in a physically active lifestyle.

Statements of appraisal and supporting evidence:

A physically active lifestyle is directly taught through short-term and LIFE goals. Songs, dance, and a variety of physical activities promote healthy choices and fitness levels. Sporting behaviors, including emotional, environmental, and equipment safety, are directly taught and practiced in a variety of different physical activity settings. Student diversity is reflected within the videos, including different fitness levels and skill development. Adapted PE modifications are also included with each lesson.

CONTENT STANDARD 4

Materials align across grades K-5 with student achievement and maintenance of a health-enhancing level of physical fitness.

Statements of appraisal and supporting evidence:

The materials align across grades K-5 with student achievement and maintenance of a health-enhancing level of physical fitness, as the students learn about the five health-related fitness components and the FITT principle. The students then apply these concepts to the creation of both short and long term health and wellness goals. Interactive rubrics are provided for individual and teacher assessments. The materials also focus on the benefits of physical activity in all four areas of health (social, emotional, physical, and cognitive).

CONTENT STANDARD 5

Materials align across grades K-5 with student demonstration of responsible personal and social behavior in physical activity settings.

Statements of appraisal and supporting evidence:

Social emotional learning is directly taught through Sporting Behavior lessons. The concept of treating others with respect and kindness is consistently revisited and practiced throughout the lessons and activities. The materials are strong on having students work together within whole and small groups in a variety of physical activity situations. Students learn about social emotional skills and then practice these skills in activities, including how to take responsibility for their choices and how to provide/receive feedback appropriately. Students are taught to read the emotions of others and to honor the similarities and differences of their peers.

CONTENT STANDARD 6

Materials align across grades K-5 with student demonstration of understanding and respect for differences among people in physical activity settings.

Statements of appraisal and supporting evidence:

The materials align across grades K-5 with student demonstration of understanding and respect for differences among people in physical activity settings, as the students explore the concepts of identity, winning with grace and losing with dignity, positive and negative consequences for their personal choices, different roles within activities and games, cultural backgrounds, ethnicities, and previous experiences. The students learn how to be proud of their growth while also acknowledging and celebrating the growth of others. The students work together to enhance both their learning and the learning of their peers.

CONTENT STANDARD 7

Materials align across grades K-5 with student understanding that physical activity provides opportunities for enjoyment, challenge, self-expression and social interaction.

Statements of appraisal and supporting evidence:

The QuaverEd materials encourage students to make and reflect upon personal goals, supporting a belief in understanding that physical activity provides the opportunity for self-expression, enjoyment, and social interaction. Interactive slideshows include video demonstrations, songs, warm-up activities, cool down activities, and discussion prompts that are diverse, engaging, and easy to access. A variety of additional activities and games that may not directly fit into a specific unit but may be used to enhance student learning are provided within the Resource Manager screen.

All Content Review - Materials are reviewed against relevant criteria pertaining to the support for teachers and students in the material regarding the progression of the standards, pacing, assessment, individual learners, and cultural and linguistic relevance and responsiveness.

CLR Recognition Average Score	Average Score
88%	93%

FOCUS AREA 1 RESOURCES AND SUPPORTS FOR TEACHERS AND STUDENTS
Instructional materials provide teacher resources to support planning and supports for all students.
Statements of appraisal and supporting evidence:

The teacher resources provide support with teacher planning by including a Scope and Sequence, Teacher Dashboard, Units, Lessons, Additional Resources, and Instructional Guides/Teacher's Notes for each activity/game. Each lesson has a corresponding lesson plan that provides the standards addressed, learning objectives in the form of "I Can.." statements, and an estimated instructional time for each lesson and component of the lesson. Each unit is broken down into three lessons, with a link provided for Bonus Resources related to that unit. The materials also include a Supporting English Language Learners guide.

FOCUS AREA 2 ASSESSMENT
Instructional materials offer teachers a variety of assessment resources and tools to collect ongoing data about student progress related to the standards.
Statements of appraisal and supporting evidence:

The instructional materials provide multiple formative assessments throughout the units, in the form of check-ins, journal entries, self-assessments, and partner assessments. The instructional materials provide multiple summative assessments, such as performances and rubrics. These assessments are clearly defined as to which standards are being assessed through content and language objectives. The assessments are also organized within the instructional materials by which standard(s), skill(s), and unit(s) are being assessed. The instructional materials provide appropriate assessment alternatives for English Learners, Culturally and Linguistically Diverse students, advanced students, and special needs students. The instructional materials provide modifications, challenges, and assessments in different languages for each of the assessments provided within the units/lessons.

FOCUS AREA 3 CULTURAL AND LINGUISTIC PERSPECTIVES AND RESPONSIVENESS
Instructional materials represent a variety of cultural and linguistic perspectives and highlight diversity in culture and language through multiple perspectives.
Statements of appraisal and supporting evidence:

The materials provide interactive slideshows and videos that show students from diverse backgrounds. Lessons addressing cultural diversity, similarities and differences amongst peers, and how to treat others with respect are included. The values of inclusivity and individuality making the whole group stronger are addressed through the concepts of winning with grace and losing with dignity, celebrating personal growth while also celebrating the growth of others, and how to both provide and receive corrective feedback.

Reviewers' Professional Summary - These materials are reviewed by Level II and Level III educators from across New Mexico. The reviewers have brought their knowledge, experience and expertise into the review of these materials. They offer here their individual summary of the material as a whole.

Reviewer #: 88

Background and experience:

Level III teacher with eleven years of experience teaching special education, experience working with students from grades K-12. Master's degree in Creative Writing. ELA endorsement. Current position as a middle and high school special education teacher with an International Baccalaureate school.

Professional summary of material:

The QuaverEd instructional materials are highly recommended. They do an excellent job of providing Sporting Behavior skills, including catchy songs for social emotional learning and visually appealing videos. Interactive slideshows pair verbal directions, visual modeling, and vocabulary when teaching specific activities. Lessons can be adapted for inside or outside learning spaces. Adapted PE instructions are achievable and included with each lesson. Weekly FITT worksheets are available to encourage students to track their physical activities outside of school. Instructional materials would be a good fit for a teacher interested in incorporating technology into their lesson planning. The materials include an easy to use dashboard with links to Health Lessons, PE Lessons, Featured Resources, and Scope and Sequence. Materials would benefit from extra Culturally and Linguistically Diverse teacher resource manuals.

Reviewer #: 89

Background and experience:

Level III teacher with 7 years of experience teaching physical education, experience working with students from grades K-12. Bachelor's and Master's degree in Physical Education, Physical Education and Health endorsements. Current position as a K-5 physical education teacher in a large public school district.

Professional summary of material:

The QuaverEd instructional materials for K-5 are highly recommended. The units, lessons, and assessments are well organized and developmentally appropriate for each grade level. The materials provide a variety of instructional tools, strategies, and materials, with achievable accommodations and modifications provided per lesson. The materials provide a variety of activities per unit that can be easily adapted for a variety of learning spaces and equipment availability. The assessments within the materials provide opportunities for student growth by focusing on both formative and summative assessments for each unit. The materials provide multiple opportunities to integrate culture and ethnicity into the learning activity, but would benefit from including experiences and activities directly focused on New Mexico specific experiences. The materials can easily be modified to include New Mexico specific experiences, but do not directly provide these activities; the teacher would be responsible for providing this content integration. Overall, the materials are applicable to a variety of teaching situations and would be appropriate for students at the elementary level.

Reviewer #: 90

Background and experience:

Level II teacher with 15 years experience teaching physical education. Experience working with students from grades K-12. Bachelor's degree in Physical education and a Master's Degree in Educational Leadership. Current Position is a Physical Education Teacher for grades K-5 in a public school district.

Professional summary of material:

The K-5 QuaverEd Instructional Materials are highly recommended. All lessons are appropriate and relevant for the grade level intended. For every unit there are a variety of activities that come with modifications so that all students can be successful in the lesson. The lessons come with teacher-friendly Adapted PE modifications. Assessments are included in both written and daily verbal check-ins to see what the students learned and how they felt about the lesson. A user-friendly dashboard is included. Technology can easily be incorporated into any lesson if desired. The materials are highly engaging with very appealing visuals. Each lesson is appropriately sequenced. New Mexico culture and experiences should be incorporated.