To Schools:

**Training Resources for Schools WITHOUT a School Nurse**

Schools without a school nurse will need to find a “licensed health care practitioner with expertise in diabetes” to provide the annual training program per NMAC 6.12.11.8 (E.). The health care practitioner may utilize the training materials listed below to conduct the training. Schools are encouraged to reach out to their local community to see what resources may be available. Suggestions would include local hospitals, pediatrician offices, endocrinologist offices, and Indian Health Services.

**For Schools WITH a School Nurse:**

Here is the revised NMDOH DM training guidance power point presentation:



This is a training guidance document to be used in combination with in-person teaching by a healthcare professional with relevant resources (some options listed below). Each LEA is responsible for the appropriate training per legislation. This presentation BY ITSELF does not cover the in-depth knowledge and skills checks necessary to meet requirements. You must be trained by a licensed healthcare professional to provide diabetic care to a student. Included in this Power Point Presentation are 3 different levels of training. See further below for more detailed descriptions of these Levels.

1. Is for All Staff
2. Is for those who will care for the diabetic student
3. Is the skills portion and should include an in-person training with hands-on learning and return demonstration

**Some Training Resources you may use with this presentation are listed below:**

“Helping the Student with Diabetes Succeed.” from the American Diabetes Association: <https://diabetes.org/sites/default/files/2022-11/School-guide-final-11-16-22.pdf>

NASN’s Toolkit latest version is 2022 (follow the links and you will need to open the pdf file): [School Nursing Evidence-Based Clinical Practice Guideline: Students with Type 1 Diabetes Toolkit | NASN Learning Center](https://learn.nasn.org/courses/44058)

Videos link: <https://www.youtube.com/watch?v=ih1NXYx2k9g&list=PL3DE9DDE8EB2A2E56>

In addition to the above resources, there is the older version of supplemental materials from 2009 which have some great tools you may wish to incorporate into your LEA’s diabetic training program:[nmhealth.org/publication/view/guide/4242/](https://www.nmhealth.org/publication/view/guide/4242/)

Diabetes management training for school personnel is essential to ensure effective school-based diabetes management. The National Diabetes Education Program has developed a comprehensive online resource [Helping the Student with Diabetes Succeed: A Guide for School Personnel](https://diabetes.org/sites/default/files/2022-11/School-guide-final-11-16-22.pdf) that provides in depth guidance for schools in the care and management of students with diabetes.

**Level 1:**  All school personnel should receive training that provides a basic understanding of diabetes, how to recognize and respond to the signs and symptoms of low blood glucose (hypoglycemia) and high blood glucose (hyperglycemia), and whom to contact immediately in case of an emergency.

**Level 2:**  Classroom teachers and all school personnel, including bus drivers, who have responsibility for students with diabetes should receive Level 1 training ***plus*** additional training to carry out their individual roles and responsibilities and to know what to do in case of a diabetes emergency.

**Level 3**: Diabetes Care Personnel are required to meet NMAC 6.12.11.1 training requirement. Training content at a minimum, shall include:

1) identification and treatment of hyperglycemia and hypoglycemia;

2) appropriate actions to take when blood glucose levels are outside the target ranges indicated by a student’s diabetes medical management plan;

3) understanding interpretation of health care practitioner instructions regarding diabetes medication drug dosage, frequency, and manner of administration;

4) performance of finger stick blood glucose testing and ketone testing and recording of results; 5) administration of glucagon and insulin and recording of results;

6) administration of glucagon and insulin through the insulin delivery system;

7) recognizing diabetes-related complications that require emergency assistance; and

8) recommended schedules for food intake, the effect of physical activity upon blood glucose levels, and appropriate actions to be implemented in the case of a schedule disruption.

**Other Resources:**

The American Diabetes Association has developed an 18-module training curriculum “Diabetes Care Tasks at School” that supports these requirements. School nurses can utilize this resource to provide the Level 3 training for Diabetes Care Personnel. [Click here to access the modules](https://www.diabetes.org/resources/know-your-rights/safe-at-school-state-laws/training-resources-school-staff/diabetes-care-tasks-school).

The Juvenile Diabetes Research Foundation (JDRF) [www.JDRF.org](http://www.jdrf.org/)

Managed Care Organizations (MCO): Blue Cross Blue Shield, Presbyterian, and Western Sky Community Care.

   

\*\*Note: To access documents, click enable if needed at top of screen, then, right click with mouse and select object > open

**For questions or further technical assistance, you may contact the New Mexico Public Education Department (NMPED) or your regional School Health Advocate (SHA).**

**PED:**

Ashley Garcia

Medicaid/Health Service Coordinator

Safe and Healthy Schools Bureau, NMPED

[Ashley.garcia@ped.nm.gov](mailto:Ashley.garcia@ped.nm.gov)

505-690-3842

**Northeast SHA:**

Kate LaRose RN, BSN

[Katherine.Larose@doh.nm.gov](mailto:Katherine.Larose@doh.nm.gov)

505-469-3010

**Northwest SHA:**

Vicki Casias RN, BSN

[Vicki.Casias@doh.nm.gov](mailto:Vicki.Casias@doh.nm.gov)

505-490-7948

**Southwest SHA:**

Crista Pierce, BA, RN, CLNC

[Crista.Pierce@doh.nm.gov](mailto:Crista.Pierce@doh.nm.gov)

575-339-4380

**Southeast SHA:**

Maricelda Pisana RN, BSN

[Maricelda.Pisana@doh.nm.gov](mailto:Maricelda.Pisana@doh.nm.gov)

575-528-8863

**Metro SHA:**

Vacant