



## District and Charter School Wellness Policy Review Rubric

SCHOOL/DISTRICT INFORMATION	
School district:	
Superintendent/Charter School Director:	
Designated contact:	
Contact phone #:	
Contact email:	
Review date:	

OVERALL APPROVAL					
SECTION	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
SECTION I: Wellness Policy					Please see each section to determine action steps to meet the needs of a policy that meets minimum requirements.
SECTION II: Nutrition					
SECTION III: Quality Physical Activity					
SECTION IV: Health Education Content Standards and Benchmarks					
SECTION V: Physical Education Requirement					
SECTION VI: Social and Emotional Well-Being					
SECTION VII: Health Services Policy Needs					
SECTION VIII: Staff Wellness					

**SECTION I: WELLNESS POLICY**

SECTION	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
Wellness Policy completed following Federal 7 C.F.R pts 210 & 220 and PED NMAC 6.12.6.8					
District School Health Advisory Council (SHAC) established					
Designate at least one person for the district to ensure wellness policy compliance and implementation					
SHAC meets at least twice a school year					
School Wellness Policy available to the public					
A plan in place for measuring implementation and evaluation of the wellness policy					

## SECTION II: NUTRITION

District Wellness Policy meets requirements of section 204 of Healthy, Hunger-Free Kids Act of 2010, Public law 111-296

State and Federal Requirements	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
District schools meet or exceed local, state and federal nutrition requirements and/or USDA nutrition standards. If applicable, this includes At-Risk Afterschool Meals, Afterschool Snack Programs, Fresh Fruit and Vegetable Program and/or Summer Food Service Program					
Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.6.12.5.8 NMAC Competitive Foods Standards (Smart Snacks)					
Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives)					
Create procedures for the documentation of fundraisers that do not meet the competitive food standards that must be limited to no more than two occasions per semester or trimester term per school and may not be conducted during meal service or in the food service area (6.12.5.8 NMAC)					
Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards					
Specific goals for nutrition promotion and education that promote student wellness and consider evidence-based strategies in determining these goals					
All schools will provide nutrition education activities that align with the New Mexico Health Education Content Standards with Benchmarks and Performance Standards as set forth in 6.29.6 NMAC					
Free drinking water is available to students in the place where meals are served during meal service					

Assurance of adherence to requirements re. possible food allergies in schools					
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### SECTION III: PHYSICAL ACTIVITY

State and Federal Requirements	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
Guidelines created to provide physical activity opportunities before, during and after school (6.12.6.8.D.3 NMAC)					
Physical activity is included as a health education topic (6.29.9 NMAC)					
Specific goals for physical activity that promote student wellness and consider evidence-based strategies in determining these goals.					

### SECTION IV: HEALTH EDUCATION CONTENT STANDARDS AND BENCHMARKS

State and Federal Requirements	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
Health Education content standards with benchmarks and performance standards (6.29.1 NMAC Standards for Excellence)					
.5 credit of Health Education is offered in either middle or high school as a graduation requirement					
Schools apply PED's "opt out" policy, regarding sexuality component of health education curriculum					
Assurance that HIV instruction is provided (6.12.2.10 NMAC)					

### SECTION V: PHYSICAL EDUCATION CONTENT STANDARDS AND BENCHMARKS

State and Federal Requirements	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
The Wellness Policy includes a planned, sequential and developmentally appropriate K-12 physical education curriculum (6.29.1 NMAC Primary and Secondary education standards for Excellence General Provision) aligned to the Content Standards with Benchmarks and Performance Standards					
One unit of PE, or allowable alternative, is included as a district graduation requirement					
Adapted PE is available to all students where appropriate.					

### SECTION VI: SOCIAL AND EMOTIONAL WELL-BEING

State Requirements	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
District Wellness policy includes a plan to address the behavioral needs of all students in the educational process by focusing on students' social and emotional wellbeing (6.12.6.8.D.6 NMAC)					
Support services are available to all students					
School staff members are trained in child abuse and neglect detection and reporting, per Section 22-10A-32, NMSA					
Schools adhere to substance abuse reporting per Section 22-5-4, 4 NMSA 1978					

## SECTION VII: HEALTH SERVICES COMPONENTS

State Requirements	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
Students with healthcare needs that may affect their school attendance and/or performance have Individualized Health Plans (IHP), which are separated from the Individualized Education Program (IEP) plan but attached to the IEP of 504 plan based on a student's needs					
Schools are compliant with 6.12.2.10 NMAC in reference to students who may be diagnosed with HIV/AIDS					
Statement addressing statute 6.12.2.8 NMAC, which makes it unlawful for any student to enroll in school unless the student is properly immunized or in the process of being properly immunized and can provide satisfactory evidence of such immunization, unless the child is properly exempted (7.5.3 NMAC) <b>NOTE:</b> District ensures that students who are identified as homeless are not prevented from entering schools, based on inability to produce records normally required for enrollment, as per the McKinney-Vento Homeless Assistant Act					
The Wellness Policy includes the provision for any student in K –12, providing authorization to carry and self-administer health care practitioner prescribed asthma treatment and anaphylaxis emergency treatment medications, as well as the right to self-management of diabetes in school settings (6.12.2.9; 6.12.8 NMAC)					
At a minimum, vision screenings are administered to students enrolled in pre-K, Kindergarten, 1 <sup>st</sup> and 3 <sup>rd</sup> grades (7.30.11 NMAC: Vision Screening Test Standards for Students)					

## SECTION VIII: STAFF WELLNESS

State Requirements	Does Not Meet Minimum Requirements	Evidence of Policy Implementation	Transitioning to Best Practices	Modeling of Highly Effective Practices	Comments/Recommendations
District and its governing boards and schools, implement policy to ensure the right to privacy of all school employees infected with HIV, keeping these safe and confidential					
Create a plan to address the staff wellness needs of all school staff that minimally ensures an equitable work environment and meets the Americans with Disabilities Act, Title III (6.12.6.8.D.9 NMAC)					
Members of the school staff are allowed to participate on the district's SHAC, as per 6.12.6.8 NMAC Section E					