

**Safe and Healthy Schools Bureau  
Available Trainings and Resource Supports  
Safe School Plans/Behavioral Mental Health**

**FY 24-25**

- 1) **Important Note: Required Emergency Drills-** per NMAC-See Safe School Plan Assurance FY 24-25  
It is recommended that you schedule all Emergency Drills for the year within the first week of school and add them to your school calendar in advance to enable you to meet the statutory requirements. Schools are required to invite the responding jurisdiction Fire Department if one is maintained in your jurisdiction, *however they are not required to attend.*
- 2) Training records, rosters, and certificates should be maintained at the district/school levels. Many of these documents will be required to be uploaded with your plans. (IC 100, AED/CPR)
- 3) Poms & Associates is the Risk Manager for NMPSIA. They provide a variety of training courses that you may schedule with them. To schedule any of the training courses below, contact NMPSIA reps at (800) 898-6236.

Regional School Mental Health Advocates	Department of Health	<p style="text-align: center;"><b>Lead: Regina Bejarano</b> SE Region 1912 W. Second St, Roswell, New Mexico 88203 505-222-4641 <a href="mailto:regina.bejarano@doh.nm.gov">regina.bejarano@doh.nm.gov</a></p>	<p><b>Nydia Del Rio</b> SW Region (575) 528-5169 <a href="mailto:nydia.delrio@doh.nm.gov">nydia.delrio@doh.nm.gov</a></p>	<p><b>Surphina Oyebi</b> NW Region (505)566-0515 <a href="mailto:surphina.oyebi@doh.nm.gov">surphina.oyebi@doh.nm.gov</a></p>	<p style="text-align: center;">Add these contacts to your plan and utilize during any school crisis</p>
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Training	Agency	Contact Information	Required/ Recommended	Audience	Frequency
<b>Safe School Plan Technical Support Training</b>	<b>PED Safe Schools State Coordinator</b>	Kathryn Bolkovac <a href="mailto:Kathryn.Bolkovac@ped.nm.gov">Kathryn.Bolkovac@ped.nm.gov</a>	<b>Required</b> for all schools due for triennial review	Supt. & Principals	Every 3 Years per PED's Review Cycle
<b>Active Shooter Training</b>	<b>NMPSIA</b>	Contact NMPSIA reps at (800) 898-6236. <b>Or</b> Your local law enforcement agency	<b>Required</b> statute requires preparation for active shooter	All school staff	Annually
<b>AED &amp; CPR Training</b>	<b>Fire Rescue</b>	AFR will refer you to a local emergency response agency for a certified trainer in your region.  Resource: Mike Schum-505-379-9969 <a href="mailto:mschum@cabq.gov">mschum@cabq.gov</a>	<b>Required</b>	All Coaches 7- 12	Annually
<b>Bullying Prevention and Cyberbullying Training</b>	<b>PED Canvas Course On-line</b>	<b>Canvas Course</b> <b>Direct link to the Catalog Enrollment:</b> <a href="https://nmped.catalog.instructure.com/browse/safe-and-healthy-schools/courses/cyberbullying-policy-prevention-training">https://nmped.catalog.instructure.com/browse/safe-and-healthy-schools/courses/cyberbullying-policy-prevention-training</a>  <b>Direct link to the course:</b> <a href="https://nmped.instructure.com/courses/4468">https://nmped.instructure.com/courses/4468</a>	<b>Required</b>	All staff and volunteers that have significant contact with students.	Annually
<b>Incident Command System for Schools (IC 100)</b>	<b>FEMA-On-line Course DHSEM</b>	<b>Direct link to course:</b> <a href="#">FEMA - Emergency Management Institute (EMI) Course   IS-100.C: Introduction to the Incident Command System, ICS 100</a>	<b>Required</b> Minimum of two (2) staff at each school who serve on ICS team.	ICS Team	Certificates have <b>no expiration date and must be uploaded with SSP</b>

Training	Agency	Contact Information	Required	Audience	Frequency
<b>Suicide Prevention QPR Training Question, Persuade, and Refer</b>	<b>Dept. of Health</b>	<b>Office of Injury and Violence Prevention Public Health Division New Mexico Department of Health</b> Statewide Youth Suicide Prevention Coordinator QPR Master Trainer yMHFA Trainer PREPaRE Trainer (505) 827-2582 <b>email:</b> <a href="mailto:clarie.miller@doh.nm.gov">clarie.miller@doh.nm.gov</a>  or  Contact NMPSIA reps at (800) 898-6236	<b>Highly Recommended</b>	All Staff	Once Every Third Year
<b>Restorative Practices Training</b>	<b>Public Education Department 505-412-9221</b>	Contact NMPSIA reps at (800) 898-6236.  <b>PED Resource</b> Prevention, Response and Resiliency Program Coordinator Green, Emma <a href="mailto:Emily.Green@ped.nm.gov">Emily.Green@ped.nm.gov</a> <a href="http://NMPPRP.COM">NMPPRP.COM</a>	<b>Highly Recommended</b>	All Staff	Annually
<b>Psychological First Aid for Schools (PFA-S)</b>	<b>Statewide Certified Trainers Regina will refer you to certified trainer</b>	<b>Regina Bejarano</b> SE Region 505-222-4641 <a href="mailto:regina.bejarano@doh.nm.gov">regina.bejarano@doh.nm.gov</a>  Contact NMPSIA reps at (800) 898-6236.	<b>Highly Recommended</b>	All Staff and those serving on special response and Reunification Teams	Once every three years

Training	Agency	Contact Information	Required	Audience	Frequency
<b>Behavior Threat Assessment Overview and Team Development</b>		Contact NMPSIA reps at (800) 898-6236	<b>Highly Recommended</b>	Behavior Threat Assessment Teams	Once every three years
<b>Cultural Awareness Training</b>		Contact NMPSIA reps at (800) 898-6236	Recommended	All Staff	Annually
<b>De-escalation</b>		Contact NMPSIA reps at (800) 898-6236	Recommended	Crisis Response Teams	Once every three years
<b>NARCAN Training</b>	HSD	Heinz, Melissa, HSD <a href="mailto:Melissa.Heinz@state.nm.us">Melissa.Heinz@state.nm.us</a>	Recommended	All Staff	Once every three years
<b>Youth Mental Health First Aid</b> <b>(Not the same as PFA-S)</b>	DOH	<b>Office of Injury and Violence Prevention Public Health Division</b> Statewide Youth Suicide Prevention Coordinator QPR Master Trainer yMHFA Trainer PREPaRE Trainer (505)827-2582 <b>email: <a href="mailto:clarie.miller@doh.nm.gov">clarie.miller@doh.nm.gov</a></b> Or <b>Contact NMPSIA reps at (800) 898-6236.</b>	Recommended	Administration Counselors, Social Workers, Behavior Health Specialists, etc.	Once every three years

Training	Agency	Contact Information	Required	Audience	Frequency
<b>PREPaRE I &amp; PREPaRE II</b> <i>Psychological/Emotional Impact Supports</i>  <i>Intensive Coursework Required Pre and Post course</i>	DOH	<b>Office of Injury and Violence Prevention Public Health Division</b> Statewide Youth Suicide Prevention Coordinator QPR Master Trainer yMHFA Trainer PREPaRE Trainer (505)827-2582 <b>email:</b> <a href="mailto:clarie.miller@doh.nm.gov">clarie.miller@doh.nm.gov</a>	Recommended	Administration Counselors, Social Workers, Behavior Health Specialists Nurses	Once every three years
<b>Social/Emotional Learning-Variou courses</b>	Public Education Department	Magdalena (Sona) Saiz <a href="mailto:magdalena.saiz@ped.nm.gov">magdalena.saiz@ped.nm.gov</a> 505-372-9545	Recommended	All staff	Annually
<b>Safety and Security for Cafeteria Staff</b>		<b>Contact NMPSIA reps at (800) 898-6236.</b>	Recommended	Admins and Cafeteria Staff	As needed
<b>Violence Prevention &amp; Response</b>		<b>Contact NMPSIA reps at (800) 898-6236.</b>	Recommended	All Staff	As needed
<b>Responding to Crisis Class for BUS drivers</b> <ul style="list-style-type: none"> <li>• Active violence</li> <li>• Operational Safety</li> <li>• Relationships with kids</li> <li>• Communications</li> </ul>		<b>Contact NMPSIA reps at (800) 898-6236.</b>	Recommended	Admin and Bus Drivers	As needed
<b>Vector Solutions online learning platform</b>		Kevin McDonald <a href="mailto:kmcdonald@pomsassoc.com">kmcdonald@pomsassoc.com</a>			

