

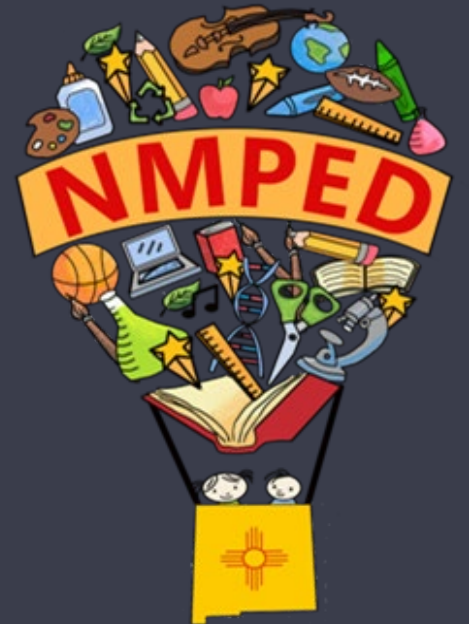
*Presentation for the Legislative Education Study Committee*

# Youth Suicide Prevention

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*Investing for tomorrow, delivering today.*



*A Presentation by the  
New Mexico Public  
Education Department*

# Overview

## Youth Suicide Prevention

- The state of suicide in New Mexico
- The relevance of suicide prevention
- Current efforts of the PED and future direction
- Legislative considerations



# New Mexico Suicide Data

## Overall

- New Mexico had the fourth highest rate of suicide among all U.S. states in 2022.
- It is the second leading cause of death for people ages 10-34.
- In 2022, more than half of suicide deaths were due to firearms.

## Youth Specific

- In 2022, the suicide count among children, 18 years of age or younger, was 20.
- Between October and December 2023, 101 youth, ages 5 to 17, made visits to emergency departments related to a suicide attempt.

# Impact and Risk Factors



- Multilayered impact
  - Peers, families, and school staff
  - School district staff
  - Communities
- Groups with higher rates
  - Ages 10 to 14 and 20 to 34
  - Non-Hispanic American Indian/Alaska Native
  - People who live in rural areas
  - Young people who identify as lesbian, gay, bisexual, transgender

# Prevention and Awareness

## Suicide is preventable

- Suicide Prevention Resource for Action
  - Strengthen economic supports
  - Create protective environments
  - Improve access and delivery to suicide care
  - Promote healthy connections
  - Teach coping and problem-solving skills
  - Identify and support people at risk
  - Lessen harm and prevent future risk

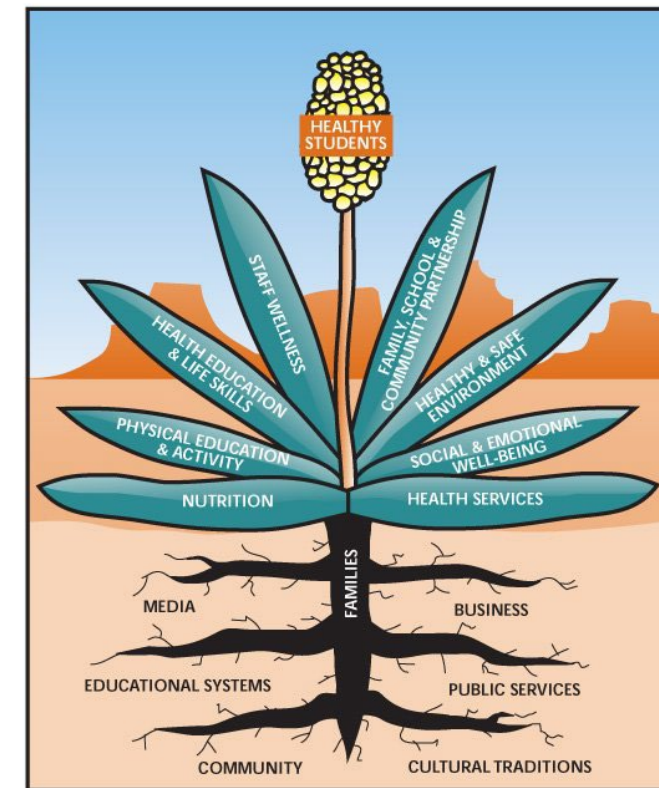


# Efforts and Future Direction

## Safe and Healthy Schools Bureau

- Current efforts
  - Safe Schools Program
  - Behavioral Health
  - Collaboration with statewide partners
  - School-based health centers
  - Medicaid school-based services
  - Expanding Opportunities Project

## HEALTHIER SCHOOLS - NEW MEXICO A Model of Coordinated School Health



# Legislative Considerations



## Continued Funding

- Behavioral Health Support
  - Restorative justice practices
  - Medicaid eligible services in school-based health centers
  - Increase residential treatment services for students
  - Social emotional learning content standards
  - Wellness room program

# Data Sources and References

- Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Mortality 2018-2022 on CDC WONDER Online Database, released in 2024.  
(URL: <http://wonder.cdc.gov/ucd-icd10-expanded.html>)
- New Mexico Department of Health, Mental Health Quarterly Surveillance Report.  
(URL: <https://www.nmhealth.org/data/view/report/2875/>)
- Centers for Disease Control and Prevention: Facts About Suicide.  
(URL: <https://www.cdc.gov/suicide/facts/index.html>)



# *Request for Public Feedback*

## 2024 ESSA Plan Amendments

The PED is undertaking a revision of our consolidated state plan under the Every Student Succeeds Act (ESSA) as one of the levers that the state agency will use to **support a renewed vision and mission of education throughout New Mexico**. ESSA is the reauthorization of the Federal education law that gives the NMPED more flexibility to make decisions that are right for students and families.

We want to **leverage your expertise as New Mexicans**—our students, parents, teachers, school leaders, Tribes, business leaders, and community members. All the information you share will be leveraged to ensure our approach represents the educational values of New Mexicans.

### **ESSA Plan Sections:**

- Title I, Part A (Improving Basic Programs Operated by LEAs)
- Title I, Part C (Education of Migratory Children)
- Title I, Part D (Children Who Are Neglected, Delinquent, or At-Risk)
- Title II, Part A (Supporting Effective Instruction)
- Title III, Part A (English Language Acquisition, Language Enhancement)
- Title IV, Part A (Student Support and Academic Enrichment Grants)
- Title IV, Part B (Nita M. Lowey 21st Century Community Learning Centers)
- Title V, Part B, Subpart 2 (Rural and Low-Income School Program)
- Title VII, Part B of the McKinney-Vento Homeless Assistance (Education for Homeless Children)

## Questions?

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For More Details | NMPED's ESSA Amendment Website  
<https://webnew.ped.state.nm.us/bureaus/essa/2024-essa-plan-amendments/>



# Thank you!

## For Questions

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